



Pre and Post Hyperhidrosis Treatment with Botox

Prior to Treatment

- Refrain from wearing antiperspirant on the day of your treatment
- Please wear loose and comfortable clothing to prevent rubbing & chafing in the treatment area
- Shave 24-48 hours prior to treatment. Do not shave on the day of the procedure

What to Expect

- The treatment area will be cleansed with alcohol prior to injections
- Ice may be applied to the skin to help with any discomfort
- The injections are quick and take less than 15mins total
- Your results will appear gradually over the period of 3-14 days
- Follow-up sessions may be needed to maintain results
- Results can typically last from 6-12 months

After your Treatment

- Avoid any pressure or massage to the treatment area for the first 24 hours
- You may apply antiperspirants and resume shaving as soon as the skin has recovered from the injections, usually within 24 hours
- Avoid extreme heat such as hot baths, hot tubs, or saunas for 48 hours
- Refrain from high-sweating activities for 48 hours
- You may gently cleanse the area with a mild soap or cleanser, then pat the area dry
- Pinpoint bleeding may occur from the injections, but this should resolve quickly on its own
- Rarely, patients may develop mild bruising and/or sensitivity around the injection site. This will resolve within the first week of treatment
- Any immediate redness or swelling will subside within 1-4hrs post-treatment

Please call the office if you experience any of the following:

If it is after hours and we cannot be reached, please contact urgent care services, or in the event of an emergency call 911

- If you are uncertain and have questions
- Pain that is not relieved by Tylenol
- Indication of infection (redness, tenderness, pus)

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